

The background of the slide is a photograph of a mountain landscape, likely Yosemite National Park, featuring granite cliffs and evergreen trees. A semi-transparent gradient overlay, transitioning from dark blue on the left to dark green on the right, is applied over the entire image. Centered on this background is the main title in a large, white, sans-serif font.

# What to do with your child this summer

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May 22, 2024



# Establish a Routine

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But why? It's the summer...shouldn't we be footloose and fancy free?!

- Young children crave order and routine...without it you will have more meltdowns and tantrums
- Children need to know "what comes next" and so do you! With a structure to your day, everyone will be on the same page.
- Setting a daily routine helps maintain a good sleep schedule. Without this, it will be a very, very long summer.
- Your child wants and needs jobs and responsibilities so give these to them. They are a part of the family and should be treated accordingly





## Morning routine



Snuggle



Use toilet



Change clothes



Eat food



Put away



Brush teeth



Get bag



Go

## Bedtime routine



Eat snack



Clean up



Get clothes



Brush teeth



Use toilet



Take bath



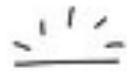
Read books



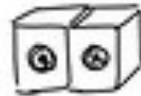
Snuggle & sleep

## What happens in between morning and bedtime?!

### Weekend chores



Tidy up



Wash clothes



Plan groceries



Do errands



Cook



Fold & put away laundry



Improve



Vacuum

# That's the fun part!



**Monday:** Head to the pool in your neighborhood or the YMCA for some fun in the sun!

**Tuesday:** Spend the day at the South County Library for storytime and an afternoon activity

**Wednesday:** Head to your local park for a picnic and nature walk or cook a meal together

**Friday:** Plan an excursion to one of Charlotte's local attractions...**check out the next slide**

**Thursday:** Take the lightrail into uptown for playtime at the Imagination Spangler Library



# Explore Charlotte

You don't have to go far to find lots of interesting activities...they are right in our backyard

- Explore the historic garden and bird sanctuary at Wing Haven Gardens.
- Head uptown to cool off in the misty waterfalls of Romare Bearden Park.
- Pack a picnic and spend a day paddle boating and fishing at Cane Creek Park.
- Drive up to the Whitewater Center for a day of outside fun

*Screen Free Activities  
in Charlotte*







# Get outside!

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10 Ways to Get into Nature



# Read, Read, and Read Some More



Some ideas for your developing  
reader (or listener) at any stage

Picture Books and Poetry

Chapter Books

Create a home that fosters a love  
of reading

Creating a Literate Home  
Environment



A scenic mountain landscape with a lake, forest, and a small cabin. The image is overlaid with a blue gradient.

# One last thing...

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[Primary Summer Learning Website](#)

A close-up of a rocky stream with reeds and water. The image is overlaid with a blue gradient.

One more last thing...

***Have fun with your children!!***